

# A CAPPELLA

CATERING CO.

## INDIVIDUAL MEALS

Put your mind at ease with prepared meals available for pick up or delivery. Enjoy scratch-made, fresh and healthy meals, individually packaged to minimize contact. We are pleased to accommodate dietary restrictions – just ask.

### BOXED BREAKFAST

*\$8.00 each*

House made savoury biscuit, muffin, granola bar, hard boiled egg and apple

### SIGNATURE SANDWICH PACKAGE

*\$10.00 per person*

Individually wrapped sandwiches and wraps made with premium breads, deli meats, cheese and fresh vegetables. Vegetarian options included. (1.5 sandwiches per person)

### BOXED LUNCH

*\$12.00 each*

Choice of sandwich, fresh vegetables, whole apple and fresh-baked cookie

### Bella Baguette

Soft baguette with parmesan spread, piled high with roast beef, ham, pastrami, capicollo, cheddar and provolone cheese

~or~

### California Multigrain

Multigrain bread with James Beard spread and cream cheese, piled high with red onion, lettuce, tomato, yellow pepper, avocado and alfalfa sprouts

### MIXED GREEN SALAD

*\$5.00 each*

Artisan greens, kale, cabbage, tomatoes, carrots and ninja radish served with roasted garlic dressing

*\*Add a sliced, seasoned chicken breast for \$4.00.*

### STIR FRY CHOP BOX

*\$13.25 each*

Ginger soy vegetable stir fry with rice, topped with choice of beef, shrimp or tofu served in a Chinese takeout box

### BUTTER CHICKEN

*\$12.00 each*

Tender chicken breast pieces in a house made butter cream sauce served over curried cauliflower and coconut rice

*\*Available with seasoned tofu chicken*

### LASAGNA

*\$11.00 each*

Layers of broad egg noodles, house made ground beef bolognese sauce, cottage cheese and fresh herbs topped with béchamel sauce and cheese

### VEGGIE LASAGNA

*\$10.00 each*

Layers of broad egg noodles, house made vegetable marinara sauce, cottage cheese and fresh herbs topped with béchamel sauce and cheese

### HEARTY CHILI

*\$5.00 each*

### Beef Chili (8oz)

Hearty ground beef, beans and vegetables

~or~

### Veggie chili (8oz)

Six bean mix with peppers, onions, tomatoes, corn, fresh herbs and spices

*\*To complete this meal, we encourage the addition of a Mixed Green Salad and gourmet cookie for each guest.*

### ROULADEN MEAL

*\$12.00 each*

### Beef Rouladen

Thin sliced roast beef wrapped with onion, dijon mustard and a dill pickle

~or~

### Chickpea dolmades

Grape leaves stuffed with a warm, chickpea salad

### Roasted baby potatoes

Tossed in olive oil with fresh herbs

### Roasted vegetables

Chef's choice of seasonal vegetables seasoned with fresh herbs

### CURBSIDE FOOD TRUCK

We will roll up our state-of-the-art food truck to cook and serve individual meals onsite

*Please inquire.*

### GOURMET COOKIES

*\$0.80 each*

Individually wrapped

“ At your service,  
with pleasure.

ACAPPELLACATERING.COM